**Acknowledgment of Agreement for Services and HIPAA Notice**

Your signature affirms that you have reviewed and understand the Informed Consent packet and are becoming a client of Taraleigh Stemler Counseling. You affirm that you understand and agree to the specific points below in addition to what is described in the Notice of Information Practices.

1. There are risks and benefits to seeking counseling/therapy services. Participating in therapy or counseling is very different than a visit to your medical doctor. To benefit from therapy services, the client must fully engage in the process and practice what is discussed during the sessions in everyday life. The benefit clients gain from counseling is directly related to the effort invested in the process. The therapy process can be emotionally disruptive as oftentimes unpleasant aspects of life are the focus. Clients may experience painful emotions and uncomfortable feelings. Often this pain leads to growth. It is necessary to remain engaged for the entire process to gain the full benefit which is typically healthier relationships and interactions, a more stable self and solutions to specific problems or challenges.

2. Taraleigh Stemler, MMFT is available to see clients on Monday through Friday. **A 48-hour notice is required for cancellations.** **Sessions cancelled with less than a 48-hour notice are billed to the client as well as sessions which are missed and not cancelled**. Each session is 45-50 minutes, and the standard duration for EMDR sessions is 90 minutes.

3. Taraleigh does not take insurance and cannot provide necessary documentation for reimbursement since she is not licensed. Taraleigh typically does not testify in legal proceedings. If such testimony or legal action is necessary, Taraleigh will consult with her supervisor, Dave Morgan, to determine the best way to comply. Fees per hour are $200 including preparation time, travel time and time in attendance for legal proceeding. Given that Taraleigh is not a forensic specialist if such services are needed, services should be sought from a specialized provider.

4. Payment is expected at the time of service. Cash, check, debit and/or credit cards are accepted. For debit and credit cards, there will be an additional 2.75% charge for processing fees. Taraleigh Stemler Counseling does not bill clients on a monthly basis.

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Client Signature Date

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Signature of parent or guardian if client is a minor